

Mechashef's Adjusted and Extrapolated SIZ Equivalency Table

SIZ 1 to 70

SIZ	Lower (kg)	Higher (kg)
1	1	5
2	6	11
3	12	17
4	18	23
5	24	35
6	36	41
7	42	49
8	50	54
9	55	58
10	59	64
11	65	70
12	71	76
13	77	83
14	84	91
15	92	100
16	101	110
17	110	120
18	121	132
19	133	148
20	149	166
21	167	187
22	188	211
23	212	238
24	239	268
25	269	302
26	303	340
27	341	382
28	383	428
29	429	479
30	480	535
31	536	596
32	597	662
33	663	734
34	735	812
35	813	896

SIZ	Lower (kg)	Higher (kg)
36	897	986
37	987	1,083
38	1,084	1,187
39	1,188	1,298
40	1,299	1,416
41	1,417	1,542
42	1,543	1,676
43	1,677	1,818
44	1,819	1,968
45	1,969	2,127
46	2,128	2,295
47	2,296	2,472
48	2,473	2,658
49	2,659	2,854
50	2,855	3,060
51	3,061	3,276
52	3,277	3,502
53	3,503	3,739
54	3,740	3,987
55	3,988	4,246
56	4,247	4,516
57	4,517	4,798
58	4,799	5,092
59	5,093	5,398
60	5,399	5,716
61	5,717	6,046
62	6,047	6,389
63	6,390	6,745
64	6,746	7,114
65	7,115	7,496
66	7,497	7,891
67	7,892	8,300
68	8,301	8,723
69	8,724	9,160
70	9,161	9,611

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SIZ 71 to 140

SIZ	Lower (kg)	Higher (kg)
71	9,612	10,076
72	10,077	10,556
73	10,557	11,051
74	11,052	11,561
75	11,562	12,086
76	12,087	12,626
77	12,627	13,182
78	13,183	13,754
79	13,755	14,342
80	14,343	14,946
81	14,947	15,566
82	15,567	16,203
83	16,204	16,857
84	16,858	17,528
85	17,529	18,216
86	18,217	18,921
87	18,922	19,644
88	19,645	20,385
89	20,386	21,144
90	21,145	21,921
91	21,922	22,716
92	22,717	23,529
93	23,530	24,361
94	24,362	25,212
95	25,213	26,082
96	26,083	26,971
97	26,972	27,879
98	27,880	28,807
99	28,808	29,755
100	29,756	30,723
101	30,724	31,711
102	31,712	32,719
103	32,720	33,748
104	33,749	34,798
105	34,799	35,869

SIZ	Lower (kg)	Higher (kg)
106	35,870	36,961
107	36,962	38,074
108	38,075	39,209
109	39,210	40,366
110	40,367	41,545
111	41,546	42,746
112	42,747	43,969
113	43,970	45,215
114	45,216	46,484
115	46,485	47,776
116	47,777	49,091
117	49,092	50,429
118	50,430	51,790
119	51,791	53,175
120	53,176	54,584
121	54,585	56,017
122	56,018	57,474
123	57,475	58,955
124	58,956	60,460
125	60,461	61,990
126	61,991	63,545
127	63,546	65,125
128	65,126	66,730
129	66,731	68,360
130	68,361	70,015
131	70,016	71,696
132	71,697	73,403
133	73,404	75,136
134	75,137	76,895
135	76,896	78,680
136	78,681	80,491
137	80,492	82,329
138	82,330	84,194
139	84,195	86,086
140	86,087	88,005